

1A



STAY VISIBLE

**We're at the park and you can see mommy on the bench while you play on the swings. Is that okay?**

Yes! You can play and have fun as long as you can always see mom or dad.

*Hint: If you can see us, we can see you. That's the safe zone!*

1B



STAY VISIBLE

**You see something fun behind some big bushes where mom can't see you. Should you go check it out?**

No. Always stay where mom or dad can see you.

*Hint: Ask mom or dad first. Never go somewhere they can't see you.*

2A



BATHROOMS

**You need to use the bathroom at the mall and mommy takes you in and waits right outside your stall. Is that okay?**

Yes! Mommy is right there keeping you safe.

*Hint: Always go to the bathroom with mom, dad, or a safe adult you're with.*

2B



BATHROOMS

**You need to use the bathroom and a grown-up you don't know well offers to take you. Should you go?**

No. Only go to the bathroom with mom, dad, or a safe adult mom and dad said is okay.

*Hint: Wait for mom or dad. Always.*

3A



PLAYGROUND

**You're on the playground and you look up and can see daddy watching you from the bench. Is that good?**

Yes! That's exactly right. You play and stay where daddy can see you.

*Hint: Play, have fun, and keep checking that you can still see mom or dad.*

3B



PLAYGROUND

**Someone at the playground says 'Come with me, there's something really cool over there!' What do you do?**

No. You don't go anywhere without asking mom or dad first.

*Hint: Say 'I have to ask my mom or dad first!' and run back to them right away.*

4A



STORES

**We're at the store and you're holding mommy's hand while we walk around. Is that the right thing to do?**

Yes! Staying close and holding hands keeps you safe in busy places.

*Hint: Hold hands or stay close enough to touch mom or dad in busy places.*

4B



STORES

**Something colorful catches your eye in another aisle and you walk away to look without telling mom. Is that okay?**

No. Always tell mom or dad before you move away — even just a little bit.

*Hint: Say 'Mommy, can we go look at that?' Never wander off alone.*

5A



IF LOST

**You look up at the store and you can't find mom or dad. Should you run around looking everywhere by yourself?**

No. Stay right where you are. Moving around makes it harder for mom and dad to find you.

*Hint: STOP. Stay still. Mom and dad are already looking for you.*

5B



IF LOST

**You're lost in a store and a grown-up you don't know says 'Come with me, I'll help you find your mom.' Should you go?**

No. Stay where you are. Find a store worker with a uniform or name tag instead.

*Hint: Store workers with uniforms and name tags are safe helpers. Don't leave the store.*

6A



FIND HELP

**You're lost and you see a mommy with kids nearby. Can you ask her for help?**

Yes! A mommy with her own kids is a very safe person to ask for help.

*Hint: Look for a mommy with kids, a store worker, or a security guard.*

6B



FIND HELP

**You're lost and there are lots of people around. You yell 'HELP!' into the crowd. Will everyone come help?**

Maybe not. When lots of people hear 'help,' everyone thinks someone else will do it.

*Hint: Pick ONE person. Point at them. Say 'You! Lady in the red shirt! I can't find my mommy!'*

7A



ASK FOR HELP

**You're lost and you see a lady with a blue jacket. Can you practice what you would say to her?**

Point right at her: 'You! Lady in the blue jacket! I can't find my mommy! Please help me!'

*Hint: Pick one person. Describe what they're wearing. Say exactly what you need.*

7B



ASK FOR HELP

**You're hurt on the playground and lots of people are around. What do you do?**

Find ONE person. Look right at them.  
Say: 'You! Lady with the stroller! I'm hurt! Please help me!'

*Hint: One person. Look right at them. Say exactly what happened and what you need.*

8A



CODE WORD

**Daddy comes to pick you up from school and you get in the car. That's okay, right?**

Yes! You know daddy's face and you know he's safe.

*Hint: Mom and dad's faces are always safe.*

8B



CODE WORD

**Someone you don't know well says 'Your mommy sent me to pick you up.' How do you know if that's true?**

Ask them for the family code word. If they don't know it, say NO and go find a grown-up you know.

*Hint: Only go with someone who knows our special code word. Even if they seem really nice.*

9A



KNOW YOUR INFO

**Can you say your full first and last name out loud right now?**

Great! Knowing your full name helps people find mom and dad if you ever get lost.

*Hint: Practice: first name, last name. Say it loud and clear!*

9B



KNOW YOUR INFO

**Can you remember mommy or daddy's phone number? Let's practice it together.**

Knowing one phone number by heart means you can always call for help.

*Hint: Practice saying the number out loud every day until you know it by heart.*

10A



MEET-UP SPOT

**If we got separated at a big place like a store, do you know where to go to find us?**

Every place we go, we pick a meet-up spot. Do you know ours?

*Hint: Find the biggest most visible spot — like the front door or checkout. Stay there.*

10B



MEET-UP SPOT

**You're separated from mom at the park. Should you leave the park to look for her on the street?**

No! Stay inside the park. Go to the main entrance or a visible spot and stay there.

*Hint: Never leave the place you're at. Stay visible. Mom is looking for you.*

11A



ANIMALS

**You see a dog on a leash with its owner at the park. Mommy says you can pet it gently. Is that okay?**

Yes — when mommy or daddy says it's okay and the owner is right there.

*Hint: Always ask mommy or daddy before you touch any animal.*

11B



ANIMALS

**You see a dog or cat with no leash and no owner nearby. It looks really friendly. Should you go pet it?**

No. Even friendly-looking animals can bite or scratch if they're scared.

*Hint: Say no to yourself and walk away. Tell mommy or daddy you saw a loose animal.*



UH-OH FEELING

**You're at the store and someone nearby makes you feel funny or scared in your tummy — even if you don't know why. What do you do?**

Trust that feeling. Move close to mom or dad right away and tell them.

*Hint: Your uh-oh feeling is your superpower. Always trust it. Always tell us.*



YELL RUN TELL

**If someone ever grabbed your arm and tried to take you somewhere, what would you do?**

Yell as LOUD as you can: 'THIS IS NOT MY MOM! HELP!' Run toward people. Tell a safe adult.

*Hint: Make as much noise as possible. Yell, kick, scream. Never go quietly.*